

# Poul Hansen Family Centre for Depression

## About our Centre

The Poul Hansen Family Centre for Depression is located at Toronto Western Hospital, part of the University Health Network. The Centre supports patients with mood disorders or depression in one area of our hospital so you do not have to travel across clinics or sites.

Our team will help guide you throughout your care journey. We will work with you toward a diagnosis and a treatment plan to:

- Improve or eliminate your symptoms
- Promote your recovery
- Enhance your quality of life
- Reduce your risk of your illness or symptoms returning

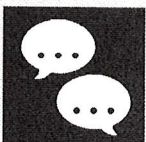
## What we offer



rTMS



Medication



Time limited therapy

## How to contact us

If you have any questions, please feel free to contact us:

- Phone: 416 603 5106
- Email: [Depression.Centre@uhn.ca](mailto:Depression.Centre@uhn.ca)
- Website: [www.uhn.ca/MCC/PatientsFamilies/Clinics\\_Tests/Poul\\_Hansen\\_Centre](http://www.uhn.ca/MCC/PatientsFamilies/Clinics_Tests/Poul_Hansen_Centre)

## What to expect



### We will call you to learn about your needs



We aim to call within 48 hours of receiving the referral. The call will take 5 – 10 minutes.



### Your first appointment is scheduled within 1 week



### Receive your New Patient Information Package by mail or email



Please complete it and bring it to your first appointment.



### Your first appointment



This appointment will involve an assessment that will take 1.5 – 2 hours.

Toronto Western Hospital,  
7<sup>th</sup> Floor, Main Pavilion  
399 Bathurst Street  
Toronto, ON, M5T 2S8  
Fax: 416 603 5100

*We look forward to working with you.*