

East Toronto Community Resources (Shortlist)

East York Shelters

To access all Toronto shelters, please contact Central Intake at 416-338-4766 for assistance. Below are the shelters located in East Toronto that are open to individual adults.

- **Dixon Hall - Heyworth House**
2714 Danforth Ave, Toronto ON M4C 1L7
Phone number: 416-691-0012
 - 24/7 shelter for adults ages 24+, harm reduction support, health and mental health support
- **The Salvation Army of Canada - New Hope Leslieville**
29A Leslie St, Toronto ON M4M 3C3
Phone number: 647-362-3062
 - 24/7 shelter for men, meals, supportive counselling, housing support

East York Drop-In Centres

Warden Woods Community Centre

Helping Hands, Teesdale Drop-in Centre

40 Teesdale Pl, Ground Floor, Toronto ON M1L 1L3

[Teesdale Place Drop-in - Warden Woods Community Centre](#)

Phone number: 416-694-1138

Hours: Mon-Fri 9:00am - 5:00 pm (Hours and services may change; Contact to confirm)

- Food security programs and support services are provided in a welcoming atmosphere for those who are homeless or are at risk of being homeless, under-housed or vulnerable because of physical, mental health or addiction issues. We offer: referrals and housing support, harm reduction and peer support, informal counselling, group discussions and guest speakers, healthcare support, movies and bingo, special outings and bus trips

St. John the Compassionate Mission

155 Broadview Avenue, Toronto, ON M4M 2E9

Phone number: [416-466-1357](tel:416-466-1357) Email: info@stjohnsmission.org

- Provides hot meals in a drop-in center environment to community members. There is also a social worker and trained staff, as well as volunteers, who are available to help with any issue that people may seek help with. Hours listed below.

	Tue	Wed	Thu	Fri	Sat
Hours	5 am– 8:30 am	5 am– 6 pm	5 am– 4 pm	5 am– 4 pm	9 am– 1 pm
Breakfast	5 am– 8:30 am	5 am– 8:30 am	5 am– 8:30 am	5 am– 8:30 am	—
Lunch/Dinner	—	5 pm	1:30 pm	1:30 pm	11 am– 12 pm



Woodgreen Community Services

Housing & Homelessness Services

650 Queen Street East, Toronto, ON M4M 1G5
(416) 645-6000 ext. 2500

Comprehensive Care and Integration Specialist Team

cccentralintake@woodgreen.org

Referrals required. Health care and support professionals can access the e-referral form [here](#).

- Comprehensive Care and Integration Specialists connect clients to essential services and supports, coordinate followup care, and provide case management, counselling and advocacy on housing, legal, financial and immigration issues. We work with clients to develop individual Coordinated Care Plans and support their care providers to work as a team. Our goal is to bridge the gap between acute and medical care providers and the community sector.